



City of Richmond

Report to Committee

To: Planning Committee **Date:** January 27, 2020
From: Kim Somerville **File:** 01-0100-30-SADV1-01/2020-Vol 01
 Director, Community Social Development
Re: **Richmond Seniors Advisory Committee 2019 Annual Report and 2020 Work Program**

Staff Recommendation

That the staff report titled "Richmond Seniors Advisory Committee 2019 Annual Report and 2020 Work Program," dated January 27, 2020, from the Director, Community Social Development, be approved.

Kim Somerville
 Director, Community Social Development
 (604-247-4671)

Att. 2

REPORT CONCURRENCE	
CONCURRENCE OF GENERAL MANAGER	
<i>Wayne G for Joe Erceg</i>	
SENIOR STAFF REPORT REVIEW	INITIALS: <i>CJ</i>
APPROVED BY CAO	

Staff Report

Origin

The Richmond Seniors Advisory Committee (RSAC) was formed in 1991 to advise City Council regarding the concerns and future needs of Richmond seniors. The committee reviews a range of seniors matters and submits information and recommendations to Council if needed.

This report presents the RSAC 2019 Annual Report (Attachment 1) and proposed 2020 Work Program (Attachment 2).

This report supports Council's Strategic Plan 2018–2022 Strategic Focus Area #4 An Active and Thriving Richmond:

An active and thriving community characterized by diverse social and wellness programs, services and spaces that foster health and well-being for all.

This report supports the Social Development Strategy 2013–2022 Strategic Direction #3 Address the Needs of an Aging Population Action:

7.2 Expanding the volunteer base to serve the older adult population, as well as providing meaningful volunteer opportunities for older adults.

This report supports the Seniors Services Plan 2015–2020 Direction #2: Responsive and Relevant Services Action:

2.8 Continue to implement and expand civic engagement opportunities to orient seniors to City operations.

This report also supports the Age Friendly Assessment and Action Plan 2015–2020 Action:

2.6 Civic Participation and Employment: Increasing opportunities to be involved in local government meetings and community matters.

Analysis

The mandate of the Richmond Seniors Advisory Committee is to consider and evaluate issues referred to it by City Council, City staff and members of the community. They also review matters deemed to be of concern to seniors and will submit information and recommendations to City Council as necessary and when requested. The City supports the RSAC by providing an annual operating budget, a Council Liaison and a Staff Liaison.

2019 Annual Report

The RSAC 2019 Annual Report provides an overview of the work of the committee during the past year. Highlights for 2019 include:

- RSAC members participated on the Age-Friendly Stakeholder Committee to provide input and help guide the work of the UBCM (Union of BC Municipalities) Age-Friendly Communities Grant Project, “Creating a Plan to Engage seniors in the Creation of Age-Friendly Neighbourhoods in Richmond”.
- RSAC members were informed about programs and services available to seniors and issues of concern to seniors through presentations from organizations including the Rick Hansen Foundation, Richmond Food Security Society, Canada Revenue Agency, Richmond Centre for Disability, Richmond Cares, Richmond Gives and Translink.
- RSAC members were kept updated on research and trends for seniors through attendance at many conferences and information sessions including:
 - Community Based Seniors Services (CBSS) Metro Vancouver Regional Consultation Session, February 2019;
 - Cataract Surgery Information Session delivered by Richmond Hospital Staff, March 2019;
 - De-Prescribing of Seniors Medications: Public Conference on Safe Medication Use, Council of Senior Citizens’ Organizations of B.C. (COSCO), May 2019;
 - SFU’s 28th Annual John K. Friesen Gerontology Conference, “Understanding and Fostering Resilience in Older Adults”, June 2019;
 - Annual City of Richmond Diversity Symposium, “Working with Diversity: The Value of Difference”, October 2019; and
 - 2019 United Way Provincial Summit on Aging, November 2019.
- RSAC members continued to connect with the community and keep informed on seniors issues through participation on:
 - External Committees: Richmond Age-Friendly Stakeholder Committee, Council of Senior Citizens’ Organizations of BC (COSCO), Dementia-Friendly Stakeholder Committee, Minoru Seniors Society and Richmond Health Advisory Committee;
 - RSAC Sub-Committees: Elections, Promotions and Transportation; and
 - Council Appointed Advisory Committees: Richmond Community Services Advisory (RCSAC) and Richmond Intercultural Advisory Committee (RIAC).

2020 Work Program

RSAC will continue to provide City Council with suggestions and recommendations on issues affecting seniors in the community and will respond to Council requests as they arise.

Highlights of the proposed RSAC 2020 Work Program include:

- Support the development of the Draft 2021–2031 Seniors Services Plan and distribution and promotion of the 2015–2020 Seniors Service Plan 2019 Update;
- Continue to participate in External Committees; RSAC Sub-Committees and Council Appointed Advisory Committees that align with RSAC’s goals and objectives;
- Improve RSAC’s knowledge of current and emerging trends of seniors and issues impacting seniors through guest speakers, conferences, workshops and member information sharing;
- Participate in City consultations on strategic plans, policies and projects relating to seniors; and
- Continue to act as a resource for seniors in Richmond to relay issues and concerns to RSAC and City Council when necessary.

Financial Impact

None.

Conclusion

The Richmond Seniors Advisory Committee’s 2019 Annual Report outlines the progress made and goals achieved in the previous year. The 2020 Work Program addresses and supports several actions in the City’s Strategic Plans including actions in the Social Development Strategy 2013–2022, Seniors Services Plan 2015–2020 and Age-Friendly Plan 2015–2020 in addition to addressing current and emerging issues impacting seniors in Richmond. The RSAC will continue to advise City Council on matters affecting seniors and be involved in activities and initiatives that improve the health and well-being of seniors living in Richmond. Staff recommend the Richmond Seniors Advisory Committee 2019 Annual Report and 2020 Work Program be approved.



Debbie Hertha
Seniors Coordinator
(604-276-4175)

- Att. 1: Richmond Seniors Advisory Committee 2019 Annual Report
2: Richmond Seniors Advisory Committee 2020 Work Program

Richmond Seniors Advisory Committee 2019 Annual Report

2019 Membership

Paul Cassidy, Peter Chan, Yvonne Chan, Diane Cousar, Sandra Gebhardt, Hans Havas (Chair), Joan Haws, Rachel King, Narcisa Llano, Mumtaz Nathu, Yasmin Rahman, Jackie Schell, Kelly Sidhu, Jacqueline Turner, Becky Wong (Vice-Chair)

City of Richmond Liaisons:

Councillor Carol Day – Council Liaison
Debbie Hertha, Seniors Coordinator – Staff Liaison

Purpose:

The role of the Richmond Seniors Advisory Committee (RSAC) is to act as a resource and provide advice to City Council regarding seniors' issues such as health, transportation and housing as they arise or are referred by City Council. The RSAC members help to identify concerns of seniors and work with various community organizations and agencies, including City staff, to obtain an understanding of the issues. Information, options and recommendations are then prepared and submitted to City Council for their consideration.

Membership:

The Richmond Seniors Advisory Committee consists of 15 members. A majority of members belong to one or more groups or organizations, and attend many meetings and workshops throughout the year. Members also bring forth additional information and topics relevant to seniors to the RSAC, as outlined in the attached report and 2020 Work Program.

Meetings:

The Richmond Seniors Advisory Committee meets 10 times a year on the second Wednesday of the month. All meetings are open to the public. Monthly guest speakers are primarily from non-profit organizations, local health service providers, City departments and representatives from programs and services serving seniors. Guest speakers provide committee members with insight into seniors' issues as well as resources available to seniors and their families in the community. In turn, guest speakers are provided with information about the RSAC.

Membership with Committees and Groups

RSAC members belong to a number of committees and groups in the community to raise issues on behalf of seniors as well as monitor seniors' issues raised by the committees and groups. Many issues affecting seniors that were identified were addressed through partnerships and initiatives and improvements to programs, services and policies for seniors.

- External Committees included: Age-Friendly Stakeholder Committee, Council of Senior Citizens' Organizations of BC (COSCO), Dementia-Friendly Stakeholder Committee, Minoru Seniors Society and Richmond Health Advisory Committee.
- RSAC Sub-Committees included: Elections, Promotions and Transportation.

- Council Appointed Advisory Committees included: Richmond Community Services Advisory (RCSAC) and Richmond Intercultural Advisory Committee (RIAC).

Examples of issues and topics addressed within the committees above included:

- City of Richmond Dementia-Friendly Community Action Plan for Richmond
- UBCM 2019 Age-Friendly Grant Project: Creating a plan to engage seniors in the Creation of Age-Friendly Neighbourhoods.
- VCH updates – Richmond Hospital – new Acute Care Tower and New Community Health Access Centre
- City of Richmond Draft Homelessness Strategy
- Cataract Surgery Relocation from Richmond Hospital to Vancouver
- City of Richmond Draft Cultural Harmony Plan
- Transportation: Traffic signal addition in front of new Minoru Centre for Active Living; addition of traffic light crossings and pedestrian lighting; accessibility of bus stops and shelters including benches and signage; bus expansion and frequency; cycling programs; electric scooters; public engagement opportunities for Handydart improvements.

External Members

The City's Seniors Wellness Coordinator attends the monthly meetings to keep members updated on city-wide programs, services and initiatives for seniors available across Richmond. The Seniors Wellness Coordinator shared information on issues and concerns of seniors in the community as well as services for at-risk and vulnerable seniors and specialized activities delivered in partnership with community organizations that serve seniors including Vancouver Coastal Health.

The Manager, Seniors Community Support Services from Richmond Cares, Richmond Gives attends RSAC meetings bringing a perspective from a community organization that delivers community support services for seniors including information and referral; grocery shopping services; Senior Peer Counselling; Better at Home services, caregiver support and numerous volunteer opportunities.

Guest Speakers for 2019

- Aparna Kurl, Director, Government Relations & Barb Mann, Senior Business Development Manager, Rick Hansen Foundation
- Ian Lai, Executive Director, Richmond Food Security Society
- Zubie Vuurens, Outreach Officer, Canada Revenue Agency
- Ella Huang, Executive Director, Richmond Centre for Disability and Carol Dixon, Manager, Seniors Community Support Services, Richmond Cares, Richmond Gives
- Chris Chan, Travel Training Manager, Access Transit, Translink
- Dorothy Jo, Inclusion Coordinator, Community Social Development (City)
- Kim Somerville, Director, Community Social Development (City)

RSAC Member Participation in Forums, Conferences and Special Events:

- Community Based Seniors Services (CBSS) Metro Vancouver Regional Consultation Session – February 2019, City Centre Community Centre (3 members attended)
- Cataract Surgery Information Session delivered by Richmond Hospital Staff – March 2019, Richmond City Hall (7 members attended including Minoru Seniors Society Board)
- Safe and Secure Living Chinese Health Fair, RSAC Booth – May 2019, Aberdeen Mall, Richmond (3 members attended)
- Advance Care Planning Workshop – May 2019, Richmond Hospital (2 members attended)
- De-Prescribing of Seniors Medications: Public Conference on Safe Medication Use (COSCO) – May 2019 (4 members attended)
- Seniors Week Events: Seniors Advisory Committee Booth at Activate Health and Wellness Fair and Seniors Advocate Presentation – June 2019, Minoru Centre for Active Living (6 members attended)
- Simon Fraser University's 28th Annual John K. Friesen Gerontology Conference, "Understanding and Fostering Resilience in Older Adults" – June 2019, Vancouver (3 members attended)
- Annual City of Richmond Diversity Symposium, "Working with Diversity: The Value of Difference" – October 2019, Richmond (2 members attended)
- 2019 United Way Provincial Summit on Aging – November 2019, Richmond (2 members attended)
- Minoru Seniors Society Annual General Meeting – November 2019, Minoru Centre for Active Living (2 members attended)
- Reduce the Fear: Learn from a Peer Workshop on preparing for surgery – December 2019, Minoru Centre for Active Living (1 member presented)

The Richmond Seniors Advisory Committee would like to thank Mayor Malcolm Brodie and City Councillors for their continued support of the Richmond Seniors Advisory Committee. The committee would also like to thank Council Liaison, Carol Day for keeping committee members informed and updated on issues arising at City Council that may impact seniors.

Report submitted by:



Hans Havas, Chair
Richmond Seniors Advisory Committee

**Richmond Seniors Advisory Committee
Proposed 2020 Work Program**

The purpose of the Richmond Seniors Advisory Committee (RSAC) is to consider and evaluate issues referred to it by City Council, City staff and members of the community and to review matters deemed to be of concern to seniors and submit information and recommendations to City Council as necessary and when requested.

This work program supports Council's Strategic Plan 2018–2022 Strategic Focus Area #4 An Active and Thriving Richmond:

4.1 Robust, affordable, and accessible sport, recreation, wellness and social programs for people of all ages and abilities

This work program supports the City's Social Development Strategy's Strategic Direction #3 Address the Needs of an Aging Population, the Seniors Services Plan 2015–2020 and Age Friendly Assessment and Action Plan 2015–2020 by setting actions that include seniors in civic matters and will inform RSAC members on current and ongoing issues facing seniors in Richmond allowing them to advise and make recommendations to Council as necessary.

2020 RSAC Budget

RSAC annually receives an operating budget of \$2,500.

Richmond Seniors Advisory Committee (RSAC) Proposed 2020 Work Program

Initiative	RSAC Actions	Expected Outcome
<p>1. Act as a resource to the City on issues relating to seniors in Richmond and provide a seniors lens to City programs, services and strategies.</p>	<p>1.1 Participate in initiatives related to the development, implementation, evaluation and consultation on City plans, updates, strategies, projects, and new policies that may impact seniors, as needed.</p> <p>1.2 Provide input and feedback to City staff on existing programs and services for seniors.</p> <p>1.3 Respond to Council requests and provide advice on issues relating to seniors in Richmond, as requested.</p>	<p>1.1.1 RSAC members will be able to provide a seniors lens to City programs, services and strategies and advise City Council, as needed.</p> <p>1.1.2 RSAC members are involved in the development and implementation of the City's Strategic Plans for seniors.</p>
<p>2. Build on and improve RSAC members' knowledge of seniors issues through information sharing, guest speakers, and educational opportunities.</p>	<p>2.1 Invite guest speakers to present on issues impacting seniors in the community.</p> <p>2.2 Present on issues and initiatives impacting seniors from member organizations and/or affiliated groups that can inform the City's policies or practices.</p> <p>2.3 Monitor seniors' issues and emerging trends.</p> <p>2.4 Include a standing item on issues arising from member interactions with seniors on the RSAC agenda.</p> <p>2.5 Members to attend conferences, workshops and information sessions on issues impacting the seniors population.</p>	<p>2.1.1 A summary of key findings from the educational opportunities is included in the RSAC Annual Report.</p> <p>2.1.2 Members are better informed and well equipped to provide a seniors lens to City strategies and initiatives, as requested.</p>

Richmond Seniors Advisory Committee (RSAC) Proposed 2020 Work Program

Initiative	RSAC Actions	Expected Outcome
<p>3. Participate in external committees; sub-committees and Council Appointed Advisory Committees that align with RSAC's goals and objectives.</p>	<p>3.1 Continue to participate in committees and provide updates to the RSAC.</p> <p>3.2 Promote the RSAC's role as an advisory body to the City and its role in supporting seniors in Richmond.</p>	<p>3.1.1 Community partners are aware of the RSAC's role in supporting seniors in Richmond.</p> <p>3.1.2 RSAC members are informed of other committee/group activities and are able to report back to the RSAC.</p>
<p>4. Participate in an orientation of the Richmond Seniors Advisory Committee.</p>	<p>4.1 Members receive an orientation to the RSAC and the City of Richmond and learn about the roles and responsibilities of advisory committee members, meeting process, and the RSAC Terms of Reference.</p>	<p>4.1.1 Members are aware of the role of the Richmond Seniors Advisory Committee, Terms of Reference, Code of Conduct and relevant City of Richmond Strategic Plans.</p>