

# City of Richmond

# **Report to Committee**

To:

Re:

Planning Committee

Date:

December 17, 2002

From:

Terry Crowe

File:

4055-01

Manager, Policy Planning

RICHMOND SENIORS ADVISORY COUNCIL 2002 ANNUAL REPORT AND

2003 WORK PLAN

## **Staff Recommendation**

1. That the Richmond Seniors Advisory Council 2003 Work Plan, as outlined in the 2002 Annual Report, be endorsed; and

2. That the Richmond Seniors Advisory Council proposed 2003 Operating Budget of \$1,500.00 be considered for approval during the 2003 budget finalization process.

Manager, Policy Planning

Att. 5

FOR ORIGINATING DIVISION USE ONLY

CONCURRENCE OF GENERAL MANAGER

#### Staff Report

## Origin

This report presents the Richmond Seniors Advisory Council (RSAC) Annual Report to Council, describing RSAC activities and accomplishments for the year 2002, as well as the RSAC work plan and operating budget for the year 2003.

## **Findings Of Fact**

# 1. RSAC 2002 Activities and Accomplishments

Some highlights of RSAC activities and accomplishments for the year 2002 are listed below. A complete and more detailed description is available in the attached Annual Report (Attachment 1). The RSAC:

- supported the operation of Wellness Clinics at four Community Centres and Minoru Activity Centre;
- extended the tenure of a part-time Wellness Co-ordinator to work with Community Centre Seniors Coordinators and to organize a health fair;
- participated in the Seniors' Affordable Supportive Housing Steering Committee, working toward the provision of Affordable Seniors Supportive Housing;
- participated in the Slips, Trips, and Falls Committee, developing a brochure and a "Walkable Richmond" strategy;
- participated on the TransLink Advisory Committee; and
- co-ordinated the Wellness Fair in March 2002 at Minoru Complex, attended by over 1,500 participants.

### 2. RSAC 2003 Work Plan

Work in the following areas will be continued or undertaken in 2003. For further information, see **Attachment 1**:

- Peer Counselling;
- Seniors Affordable Supportive Housing;
- Adult Guardianship;
- Seniors' Week;
- Pedestrian Safety Strategy;
- Walkable Richmond Accord;
- Consumer Protection for Seniors;
- Health Fair;
- Emergency Response Program; and
- Multicultural Seniors Issues.

### **Analysis**

The RSAC continues to address the concerns of Richmond seniors and to plan for the future needs of this growing segment of the community.

## Financial Impact

- For 2002, the RSAC received an operating grant of \$1,000 to cover miscellaneous expenses (e.g., meeting expenses). The RSAC operating budget is an operating base budget item.
- The RSAC proposed an operating budget of \$1,500 for 2003 (Attachment 2). Although the request was received too late to include the extra \$500.00 in additional level budget items for 2003, Council may wish to consider this request in its 2003 budget review (Attachments 3 5).
- The RSAC also seeks community sponsors for events such as Seniors Week and the Health Fair.

#### Conclusion

#### Staff recommend:

- 1. That the Richmond Seniors Advisory Council 2003 Work Plan, as outlined in the 2002 Annual Report, be approved; and
- 2. That the Richmond Seniors Advisory Council proposed 2003 Operating Budget of \$1,500.00 be considered for approval during the 2003 budget finalization process.

Lesley Sherlock Social Planner

LS:cas

## RICHMOND SENIORS ADVISORY COUNCIL 2002 ANNUAL REPORT AND YEAR 2003 TASKS

The Richmond Seniors Advisory Council ("RSAC") supports the following Sub-committees:

Health Olive Bassett

Lillian Durrant

Susan Higginbotham Housing

Neil Bernbaum Lois Carson Boyce

Aileen Cormack Mohinder Grewal

Pat Kasprow Carol Smith

Peer Counselling Aileen Cormack

> Lillian Durrant Aileen Cormack

Vancouver/Richmond Community Health Committee **PHAC** 

Carol Smith Mohinder Grewal

Multicultural

Shams Jilani Aileen Cormack

Transportation

Shams Jilani

Safety

Lois Carson Boyce

Richmond Community Response Network

Aileen Cormack Mohinder Grewal

Secretary

Angela Gauld

This annual report presents the Richmond Seniors' Advisory Council's 2002 accomplishments and activities to be pursued in 2003.

## **Accomplishments of 2002**

#### Health

We continue to support Wellness Clinics at South Arm, Steveston, West Richmond, Thompson Community Centres and Minoru Centre. These monthly clinics not only provide minor medical attention, i.e. blood pressure monitoring, but also includes podiatrists, physiotherapists and pharmacists to give talks on the pros and cons of drugs. Presentation was made to Council by a pharmacist from Shoppers Drug Mart on the new restructuring of Pharmacare. We are delighted that Shoppers Drug Mart Management has now made available a pharmacist to attend monthly Wellness Clinics at Minoru to answer any questions.

In 2002, RSAC, Minoru Seniors Society and Vancouver Coastal Health Authority applied for a continuance of our 2001 grant, which allowed us to extend the tenure of a Wellness Coordinator to work with all Seniors Coordinators in our Community Centres. Workshops will be initiated during the year to educate seniors on health issues. A health fair is to be held in April 2003, which will highlight all of the facilities available for Richmond seniors.

## Peer Counselling

We are continuing with our partnerships with Richmond Connections, Richmond Health Services, Minoru Seniors Society and City of Richmond to provide peer Counselling for Richmond seniors. Sponsorship from a financial institution, to enable the training program to continue, has been dedicated.

## **Supportive Housing**

This year, there has been significant headway in our ongoing efforts toward the future provision of affordable supportive housing for the elderly in Richmond. City Staff have been an integral part of this effort in ongoing discussions with developers and non-profit organizations who are working towards such housing in Richmond, including the construction of new and/or renovation of existing seniors facilities.

Our Housing Subcommittee is a member of the Seniors Supportive Housing Steering Committee, which includes a representative from Greater Vancouver Housing Corporation, BC Home Builders Association, Progressive Homes, Vancouver Coastal Health Authority and Richmond Long-Term Care.

In 2002, we presented to the City, the 2<sup>nd</sup> Phase of the consultant's report and recommendations which were endorsed by City Council. RCAD have visited a number of supportive housing complexes in the Lower Mainland to ascertain what could be achieved in Richmond along with meetings with the local MLA and the Minister responsible for seniors regarding this initiative.

During 2002, we received exciting news that GVRD had purchased land off Westminster Highway where three towers are to be built, including one tower for affordable assisted living. It is hoped that by the end of 2002, a developer will be chosen to commence ground preparation of this worthwhile project. Hopefully, by the year 2005, we will have a seniors housing facility to be proud of within the City.

#### Safety

The Slips, Trips and Falls Committee, with representation from the City's Policy Planning, Transportation, and Public Works Departments as well as Richmond Health Services (Population Health), Minoru Seniors Society and the RSAC Safety Committee, have produced a brochure to be circulated throughout Richmond. We were included in a Slips, Trips and Falls teleconference held throughout Canada and a number of Committees have already contacted us on various projects. Next spring there is to be a conference in Richmond for all participants throughout B.C. to discuss the ongoing problems for seniors. Hopefully, Richmond Seniors will take a pivotal part and showcase Richmond with our many walkable trails.

A speaker attended our monthly meetings to discuss personal emergency preparedness and a RCMP officer spoke on safety in the home.

### **Student Practicum**

A Kwantlen University College student working towards her B.A. became involved with the RSAC on seniors' issues, pedestrian safety and multicultural community issues (reports are available).

#### **Transportation**

The Seniors Advisory Council has been involved in discussion with the City and Translink to develop the 98B-transit line to Richmond. A member of the RSAC will be attending further meetings at City Hall to represent seniors and voice their concerns. Letters were forwarded to the Provincial Government re: cancellation of bus passes, which has since been rescinded. Limited hours of Handidart service has also been resolved.

#### Salute to Seniors

The Wellness Fair was held in March 2002 at Minoru Complex with the Lieutant Governor opening the festivities. Over 1,500 participants attended the day-long programs, which were a resounding success and showcased the facilities available to all seniors in Richmond.

Next year's Wellness Fair will be held in April at the Minoru Complex. We are able to continue employing a Wellness Coordinator with the generosity of the City who has provided ongoing financial support. The 2003 Fair, which will have a distinct drawing card, will reflect on the energy and willingness of volunteers to contribute time and effort.

To conclude the Salute to Seniors Week, we held our 2<sup>nd</sup> Annual gold tournament, which was viewed as a great success by over 40 participants.

#### Library

During 2002, the seniors liaison Librarian employed by the Richmond Public Library organized a tour of the library and demonstrated that there is a seniors section on the library's website. Hopefully, the senior's room will be used as a resource centre and a venue where speakers will be available to discuss topics on senior's issues. The library continues to provide computer courses to enhance senior's ability to enter the computer age.

#### Multiculturalism

Members have attended a number of meetings and workshops and reported to RSAC on various concerns of integration with the community. A member of the RSAC was appointed to attend monthly meetings of the Intercultural Advisory Committee.

# Vancouver/Richmond Population Health Advisory Committee ("PHAC")

A member has reported on monthly concerning seniors' issues. This committee was recently disbanded due to health region re-organization.

# Vancouver Coastal Health Authority- Community Health Committee

A member reports on monthly meetings concerning senior's issues.

# Richmond Community Response Network

A member reports on monthly meetings concerning seniors' issues.

## Richmond Community Response Network

A member reports on quarterly meetings concerning seniors' issues.

## Education

Members attended workshops on Board decision-making, B.C. Non-Profit Housing and Health Services Core Review. Margaret Hall, lawyer from the B.C. law Institute, spoke to a varied group on assisted living.

A bus trip to the Capital City was organized with a visit to Government house, lunch at the legislature and attending Question Period in the house. The Honourable Geoff Plant recognized our attendance.

## Volunteer Hours

R.S.A.C received a Volunteer Achievement Award from the Federal Government recognizing our Committee. This year's volunteer hours are in excess of 5000 on various committees.

## Correspondence

Over this past year, RSAC has had dialogue on senior's issues with:

The Honourable Gordon Campbell, Premier Pharmacare Services

Major cuts impacting low and

medium income seniors

The Honourable Geoff Plant, Attorney General

Pharmacare Services Adult guardianship

The Honourable Linda Reid

Pharmacare Services

The Honourable Greg Halsey Brandt Pharmacre Services

Seniors Housing Smoking Issues

The Honourable Katherine Whittred Long- Term Care

The Honourable George Abbot Advance Voting

Dr. Altman Funding

City of Richmond Metered Parking

And numerous other correspondence

## Requests for Input

City of Richmond Seniors Supportive Housing

Complex

Expanded Gambling Self-Serve Gas Stations

## Year 2003 Tasks

The following projects are to be either finalized during the year 2003 or considered to be a part of our long-term planning.

- > Peer Counselling- Operation;
- > Seniors Supportive Housing- 2<sup>nd</sup> Phase completion, presentation to Council and implementation;
- > Adult Guardianship- community education and awareness;
- > Seniors Week- annual community seniors celebration;
- > Pedestrian Safety Strategy- a framework towards managing City sidewalk development, maintenance and repair;
- ➤ Walkable Richmond Accord an agreement involving the City, School Board and Richmond Health Services;
- > Consumer Protection for Seniors- community education and awareness;
- > Health Fair- community education and awareness;
- > Various workshops- to be determined at a later date;
- Emergency Response Program- Implement support system to assist seniors living on their own.
- > Multicultural seniors' issues arising out of report by UBC student.

## **Conclusions**

Our wish for 2003 is that City Council and staff will continue to make more referals to our Committee when issues concerning seniors arise.

Councillor Howard has provided the Committee with ongoing support in all aspects of the Committee's tasks.

On behalf of the Committee, I especially wish to thank Lesley Sherlock for her highly valued assistance in all areas to our Committee, along with Dave McLellan, Cathie Carlisle, Jim Bruce, Dave Semple, Terry Crowe, Cathy Swan and other city staff. They have always been available for consultation on projects or ideas.

The Richmond Seniors Advisory Council has had a very successful year, and hopes to continue to be a major player for the advocacy of seniors concerns. The energy and enthusiasm of council members continue to grow and this should be a banner year for the completion of projects that will benefit the community for many years.

## Submitted by:

Aileen Cormack, Chair Richmond Seniors Advisory Council December, 2002

9-5531 Cornwall Drive Richmond, B.C. V7C-5N7 November 4, 2002

Richmond City Council City Hall No. 3 Road Richmond, B.C.

Dear Sir(s):

Re: Richmond Seniors Advisory Council
2003 Budget

On behalf of Richmond Seniors Advisory Council, I wish to submit our proposed 2003 Budget for consideration.

For the past 3 years, we have been fortunate to receive \$1,000 annually from the City to cover expenses we may incur during the year.

This coming year we already have a number of projects in progress.

Meeting with our counterparts in Bellevue in Washington State to discuss our mutual concerns regarding the wellbeing of seniors.

Conference to be held in Richmond April 9 - 11, 2003 - a B.C. project - Slips, Trips and Falls. Richmond has been in the forefront with this initiative, and I would hope that the City, Health Board/Department and Richmond Seniors would be able to host some type of event to showcase Richmond as being a Walkable Community.

Seniors would like to become more involved in the multicultural society, which would entail some type of workshop etc., to enable the interested parties to voice our mutual concerns.

Accordingly, I am requesting that a total of \$1,500 be allocated in 2003 and each year thereafter. I would hope that our efforts would be favourably received and an increase to our Budget be accepted. (Remember that we are a frugal lot and R.S.A.C. will not break the City's bank).

Thanking you for again for funding our committee.

Yours sincerely,

Aileen Cormack

Chair

Richmond Seniors Advisory Council

cc:

David McLellan Jim Bruce Lesley Sherlock



## City of Richmond

6911 No.3 Road, Richmond, BC V6Y 2C1 Telephone (604) 276-4000 www.city.richmond.bc.ca

November 18, 2002 File: 4055-01

Urban Development Division Fax: (604) 276-4177

Aileen Cormack
Chair
Richmond Seniors Advisory Council
9 – 5531 Cornwall Drive
Richmond, BC
V7C 5N7

Dear Ms. Cormack:

Re: Richmond Seniors Advisory Council 2003 Budget

Thank you for your letter of November 4, 2002 in which you request an increased operational budget for the Richmond Seniors Advisory Council.

We regret to inform you that it is too late to request an additional level of funding for 2003 because the deadline for such requests has passed. For Council to consider an increased operational budget for the RSAC for 2004, please submit your request by mid-September, 2003.

The work of the RSAC is most appreciated by staff and Council.

For clarification regarding the budget process, please call me at 604-276-4139.

Yours truly,

Terry Crowe

Manager, Policy Planning

TC:ls

pc: Richmond City Council

David McLellan, General Manager, Urban Development

Lesley Sherlock, Social Planner



9 - 5531 Cornwall Drive Richmond, B.C. V7C 5N7 December 2, 2002

Mr. Terry Crowe Manager, Policy Planning City of Richmond 6911 No. 3 Road Richmond B.C. V6Y 2C1

Dear Mr. Crowe:

Re: Richmond Seniors Advisory Council
2003 Budget

Further to your letter dated November 18, 2002, regarding the above subject matter, I must thank you on behalf of R.A.S.C. for our 2003 funding in the amount of \$1,000. Greatly appreciated. Unfortunately, I was not aware that funding requirements had to be submitted to the City by mid-September. If, I recall in the past, our submissions were made during November, but be assured that future budget requirements will be submitted by the end of August.

With regards to the 2003 Budget, our requirements may exceed the \$1,000 figure due to the fact that we will be involved in various projects.

I trust if our ambitious plans de occur, our request for a small increase to cover expenses will be approved by City Council.

Thanking you in anticipation of a favourable reply.

Sincerely yours,

Aileen Cormack

Chair

Richmond Seniors Advisory Council

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cc: Mayor and Councillors





# City of Richmond

6911 No.3 Road, Richmond, BC V6Y 2C1 Telephone (604) 276-4000 www.city.richmond.bc.ca

December 16, 2002 File: 0100-20-SADV1-01 Urban Development Division Fax: (604) 276-4177

Ms. Aileen Cormack, Chair Richmond Seniors Advisory Council (RSAC) 9 - 5531 Cornwall Drive Richmond, BC V7C 5N7

Dear Ms. Cormack:

Re: Richmond Seniors Advisory Council - 2003 Budget

Thank you for your December 2, 2002 letter regarding the Richmond Seniors Advisory Council's (RSAC) proposed 2003 Budget.

Generally, the RSAC is allocated a basic \$1,000 annually for committee expenses. You indicate that in 2003 the RSAC may need an additional \$1,000 to cover "various projects".

I cannot ensure this extra amount. I suggest that you submit your 2002 Annual Report and Proposed 2003 Work Program to Council early in 2003. Council will then make a decision regarding any budget increase.

For clarification, please contact me at 604-276-4139.

Yours truly,

Terry Crowe

Manager, Policy Planning

TTC:cas

pc:

Mayor & Councillors

David McLellan, General Manager, Urban Development

Lesley Sherlock, Policy Planning

